

Character Challenge Course Company

13218 County Road 40

Park Rapids, MN 56470

www.characterchallengecourse.com

Commit 2 Change

Welcome to C4!

Sarah Coumbe-Guida
President

Travis Guida
Operations Director

Enclosed are the waivers and suggestions for preparation as you look forward to your C4 adventure! Make sure to fill out a waiver form, even if you are not planning to participate. Please have the waivers signed and delivered upon arrival at the course. Please make as many copies as needed. You do not need to be an athletic person to have a great experience! However, a good night's rest, a healthy meal, and some stretching will help.

Attire: Dress in comfortable, non-restricting clothing. Tennis shoes are the best footwear. But any type of close toed shoe is required. Jewelry is not recommended. Bring extra clothing, hats, or sunglasses appropriate for the weather.

What to Bring? Cameras, rain gear, sunscreen, and insect repellent are suggested. We have a public restroom for participant use. We provide all the climbing equipment needed, so we encourage participants to leave their personal climbing gear at home.

Don't forget about our gift shop! *This gift shop includes trendy apparel, hats, customized C4 water bottles and more!* (If interested in pre-order, contact us for special pricing).

Directions: We are located at 13218 County Road 40, Park Rapids MN 56470. Once in Park Rapids, travel north 7 miles. Turn right on County Road 40. The course is 1 mile on the left.

Time: Please be here on time. Our staff members are scheduled only for the time you are. If you are late, we may not be able to extend your time. We often have a full day so please respect the schedules of other groups as well.

Deposit: Upon making your reservation we require a deposit in order to reserve your desired time and schedule the necessary staff.

Reminders:

- Safety is our #1 priority and therefore, please remind your group to follow our facilitator's instructions, staying off ALL equipment including obstacle course unless instructed.
- If anyone in your group is over 250 pounds, please contact us before your event.
- Prepare for a once in a lifetime experience! Your enthusiasm will be contagious! Your experience will help you to learn, overcome challenges, take risks, support others, change patterns and much more!

Character Challenge Course
13218 County Road 40
Park Rapids, MN 56470
(218) 760-8442
www.characterchallengecourse.com

The liability forms you sign are required by legal entities and insurance companies.
(waiver next page)

Character Challenge Course Company, LLC

Waiver and Release of Liability

In consideration of **Character Challenge Course Company, LLC** (known as **C4**) furnishing services and /or equipment to enable me to participate in the High Ropes Course and allowing me the use of part of the C4 facility and adjacent property, I agree that: 1. Risks and dangers exist in my use of High Ropes Course and/or other equipment and my participation in High Ropes Course activities or any other activities at **C4**; 2. My participation in such activities and/or use of such equipment may result in my injury or illness including but not limited to bodily injury, disease strains, fractures, partial and/or total paralysis, eye injury, blindness, heat stroke, heart attack, death or other ailments that could cause serious disability; 3. These risks and dangers may be caused by the negligence of the owners, employees, officers or agents of **C4**, the negligence of the participants, the negligence of others, accidents, breeches of contract, the forces of nature or other causes. These risks and dangers may arise from foreseeable or unforeseeable causes. 4. **There is a 250 lb weight limit on all high ropes activities.** *** Initial***

I, on behalf of myself, my personal representatives and my heirs, hereby voluntarily agree to release, waive, discharge, hold harmless, defend and indemnify **C4** and its owners, agents, officers and employees from any and all claims, actions or losses for bodily injury, property damage, wrongful death, loss of services or otherwise which may arise from my activity at the **C4** facility whether caused or contributed to, in whole or in part, by the negligence of **C4**, its agents, employees, officers or representatives. I specifically understand that I am releasing, discharging and waiving any claim or cause of action that I may have presently or in the future against **C4**, its agents, employees, officers or representatives arising from my activity at the **C4** facilities and adjacent properties. *** Initial***

Safety Pledge: I agree to abide strictly by the rules set forth in the **C4** training and practice course. I also agree to correctly wear my helmet and harness at all times while on the course or designated Climbing area. I understand that a 250 lb weight limit applies to all high elements. I also agree not to be under the influence of alcohol or under the influence of any drugs that can affect my judgment, perception, or movement while participating at **C4**. *** Initial***

MUST be FILLED OUT and SIGNED by PARENT or GUARDIAN if PARTICIPANT is UNDER 18 YEARS OLD

The undersigned parent or guardian has read the above Waiver, agrees to the terms and hereby gives permission for the below named minor to participate in the high ropes and low ropes course at the Character Challenge Course Company and hereby gives staff permission to **authorize medical treatment** as may be deemed necessary. *** Initial***

Digital Release

As a participant and/or lawful guardian of the participant, I hereby voluntarily permit and authorize the Character Challenge Course Co., LLC (C4) and its employees, agents, and personnel who are acting on behalf of the C4 to post on the www.characterchallengecourse.com (Website) and/or C4 mailers/advertising, photographs or video images of me, or any member of my family, or any individual that I am registering. I permit C4 to enter my cell phone number onto a free digital loyalty program and understand I can opt out at any time. I understand that the C4 and its employees, agents and personnel cannot warrant or guarantee that, on placement of such a photograph or video image on the C4 Website, any further dissemination of my photographs or video images will be subject to C4 supervision or control. Accordingly, I release the C4, its employees, agents and personnel acting on its behalf from any and all liability related to all dissemination of such photographs or video images. *** Initial***

I HAVE READ THE ABOVE WAIVER. BY SIGNING BELOW, IT IS MY INTENTION TO RELEASE THE CHARACTER CHALLENGE COURSE CO. LLC AND ITS AGENTS FROM ANY LIABILITY FROM PERSONAL INJURY, PROPERTY DAMAGE, OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CAUSE. THIS IS A LEGALLY BINDING AGREEMENT. I understand that a 250 lb. weight limit applies to all high event activities at the Character Challenge Course Co., LLC.

I have read the above and agree to the Release of Liability and Digital Release.

Signature of participant

Signature of PARENT/GUARDIAN (if applicable)

Email address

Cell Phone

Participant's Full Name

Age

Address

City

State

Zip